

**ADVOCACY:** Want to bring change to your community? Our **Grassroots Advocacy Network** is looking for you. You bring the passion, and we'll provide the training and opportunities.

CHAPTER NETWORK: Our **chapters** can plug you into local programs, resources, and fun activities for the whole family. If there isn't a chapter in your state or community, we'll help you start one!

**COMMUNITY SUPPORT:** Our **information specialists** want to answer all your questions about spinal cord injuries and disorders, and everything wheelchair related. They can even connect you to local resources.

**NEW MOBILITY:** All new members receive a **complimentary subscription** to our award-winning lifestyle magazine for wheelchair users.

**PATHWAYS TO EMPLOYMENT:** We can assist you in obtaining **employment**. Our knowledgeable staff wants to help you retain your benefits, write an engaging resume, interview confidently and secure your dream job.

**PEER SUPPORT & MENTORING:** You are not alone. Our national network has over 200 **Peer Support** groups, including both live and virtual. Our one-on-one peer mentors are highly trained and excited to meet you.

**TECH ACCESS INITIATIVE:** Why wait for the future? Join our **Tech Access Group** and learn how to leverage existing technology right now — and improve tomorrow's inventions today before they hit the market.

United Spinal is dedicated to helping you achieve your highest quality of life. Click Unitedspinal.org, call 800-962-9629 or scan the QR code and become a member today!

Membership is free, thanks to our generous sponsors. It also includes a complimentary year of our award-winning wheelchair lifestyle magazine, New Mobility.

